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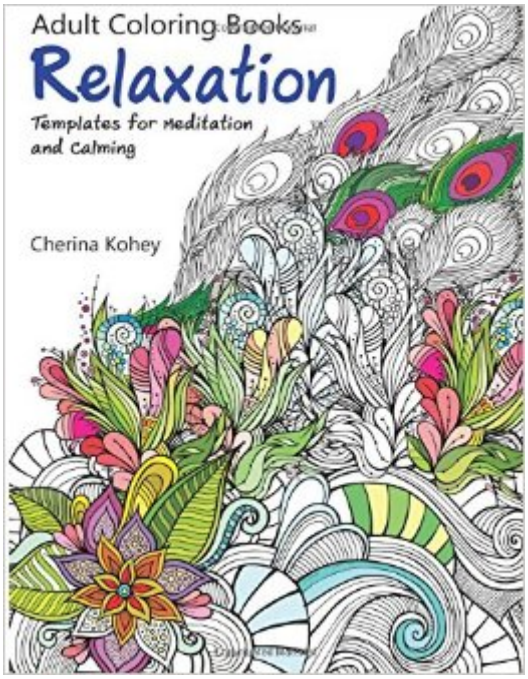
Adult Coloring Book: Relaxation Templates For Meditation And Calming (Volume 1)



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Synopsis

This is the time to relax and explore your creative side. After the each passing day which access to work, obligations, and stress. Constant stimulation and expectation have left us burnt out and distanced from the present moment. This book will delight and entertain beginners to advanced colorists. You can share your colored pages and creative coloring inspiration. Letâ ™s us bring you to the lost imagination inside yourself and you might found the loss energy fulfillment by your inspiration creative idea which still more powerful inside. We offer very good 30 designs for relaxation fun and happy which printed on one side of the pages only (so you can use markers if you like). Grown-ups as well as older kids and teens are loving this book, and you will, too!

Book Information

Series: Adult Coloring Book

Paperback: 64 pages

Publisher: CreateSpace Independent Publishing Platform; Clr edition (July 7, 2015)

Language: English

ISBN-10: 1514806614

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Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (94 customer reviews)

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Customer Reviews

This book has an excellent collection of swirling, layered, entwined and combined designs and patterns that are imaginative, very complex and intricate. This book will challenge and inspire you if you love very detailed coloring.Many of the images are so complex they will take days to complete so this book is not for everyone. If you prefer less complex designs and patterns this artist has just published two other excellent coloring books â œAdult coloring books Magic Christmas for Relaxation Meditation and Blessingâ • and â œCreative Flowers Adult Coloring bookâ • both have less complex but artistic and inspiring designs and patterns to color..1. 30 illustrations printed one per page (the back of each page is blank) on light weight bright white paper.2. The patterns are very

detailed so Gel Pens, colored pencils or ultra fine markers must be used .3. All markers and Gel pens bleed through the paper, I place a piece of paper under the page I am coloring to prevent damage to the next page.4. I am adding my favorite patterns for you.

This is a really nice collection of designs. Most have a ’medium’ level of intricacy, taking at least several hours to complete. But a few have really, tiny details which would require fine tip markers.Each of the 30 designs are printed single sided, and on the back it says "My drawing page" (see my photos). Most are abstract designs, but there are several village scenes, dolphins, and some that include words like "Summer" and "Happy Day".Overall, this book has a nice variety of designs for the price.

We place adult coloring books in the waiting room of the hospital area in which I work. We’ve just added this one to our library and I’m a huge fan of the designs. Patients and their families can color in the books while waiting and easily rip out the pages if they want to take their artwork home with them, or they can leave it for other people to admire or add to. We’ve occasionally get people mentioning how much they enjoyed using the books but what really speaks for itself is how quickly they get completely used up

Great weight of paper. These illustrations had me relaxed within a short time. Mindless entertainment.

Beautiful pictures and it is relaxing to color!

Purchased for a gift - but looks like many hours of coloring fun - for those who like to color in intricate detail. However, it is very busy so I think relaxation is not necessarily the right word for it. I wouldn’t do this one if you stress easily.

I bought a few of the adult coloring books to try out to help out with my stress levels. I was most looking forward to receiving this one because the design on the cover is pretty. I received the product yesterday and immediately disliked it. The designs are pretty and interesting enough, but the quality of the ink on the pictures and quality of the paper seems low. Sadly, I don’t think I’m going to even bother using this book.

I love adult coloring it's so calming and fun. Although I wasn't to fond of this book due to some of the designs. I like to know what I'm coloring and a lot of these were just random designs which I'm personally not a huge fan of but I know some people love the very difficult designs. If you like complicated this is perfect but if you're like me and like to know what your coloring this book isn't for you.

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